Guidelines

for

# **Competency Based Training Programme**

in

# **DNB- PATHOLOGY**



# NATIONAL BOARD OF EXAMINATIONS

Medical Enclave, Ansari Nagar, New Delhi-110029, INDIA Email: <u>mail@natboard.edu.in</u> Phone: 011 45593000

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# **PROGRAMME GOAL**

The goals of the course is to produce a specialist who is competent professional independently and as a part of clinical team

- To provide laboratory based diagnosis of illness,
- Is able to teach medical, paramedical and allied undergraduates and to a certain extent postgraduates
- Should have an idea regarding the planning of research and should be well conversant with emerging technology in the field of diagnostics, able to lead the team of laboratory personnel

# **PROGRAMME OBJECTIVES**

- 1. Establish good pathology services in a hospital and in the community in the field of histopathology, heamatopathology, immunopathology, surgical pathology, cytopathology, clinical pathology, clinical biochemistry, as well as blood banking.
- 2. Plan, execute and evaluate teaching assignments in pathology, should be able to teach medical, paramedical and allied personnel
- Capable of offering a high quality diagnostic opinion in a given clinical situation with an appropriate and relevant sample of tissue, blood, body fluid, etc. for the purpose of diagnosis and management of the ill.
- 4. Able to make independent decisions in diagnostic histopathology, hematology, cytology, clinical pathology and immunology.
- 5. Able to teach and share his knowledge and competence with others. Should be conversant in modern methods of medical education and teaching.
- 6. Should be familiar with current developments and advances in the field of pathology.
- 7. Capable of pursuing clinical and laboratory based research.

- 8. Should acquire the competence pertaining to instrumentation and procedures required for the practice of Pathology in the community and at all levels of health care system.
- Should acquire skills effectively in communicating the diagnosis to the patients including cancer patients. He should be able to demonstrate empathy and have a humane approach towards patients and their families and respect their sensibilities.
- 10. Demonstrate communication skills of a high order in explaining management and prognosis, providing counseling and giving health education messages to patients, families and communities.
- 11. Practice the specialty of Pathology in keeping with the principles of professional ethics, should know legal aspects of establishment acts and rules of regulatory bodies of state/ nation
- 12. Function as a productive member of a team engaged in health, research and education.
- 13. Acquire knowledge of Bio-safety, skills to insulate the lab against bio-hazards

### SPECIFIC LEARNING OBJECTIVES

#### **Cognitive Domain**

- Diagnose routine and complex clinical problems on the basis of Histopathology (Surgical Pathology) and Cytopathology specimens. Blood and Bone Marrow examination (Hematology) and various tests under the domain of Laboratory Medicine including Clinical Pathology, clinical Biochemistry, Chemical Pathology as well as Blood Banking / Transfusion medicine, genetics and molecular pathology
- 2. Interpret clinical and laboratory data with reasonable accuracy.
- 3. Able to correlate clinical and pathology data so that various clinical signs, symptoms and manifestations of disease can be correlated and explained.
- 4. Advice on the nature of appropriate specimens and the tests necessary to arrive at diagnosis in a difficult or problematic case.
- 5. Able to correlate clinical and laboratory findings with pathology findings at autopsy and identify the cause of death to the extent possible.

- 6. Able to teach medical, paramedical and allied undergraduates and to a certain extent postgraduates
- 7. Carry out research using basic research methodology so that they can conduct fundamental and applied research.
- 8. Maintain accurate records of tests and their results for reasonable periods of time so that these may be retrieved as and when necessary as per national/state regulatory body guidelines if available.
- 9. Make and record observations systematically that is of use of archival purposes and for furthering the knowledge of Pathology.
- 10. Able to systematically write a paper and publish in a scientific peer- reviewed journal
- 11. Should be aware for latest updated guidelines /formats of national /international bodies or associations for reporting
- 12. Able to present a paper in a conference through an oral presentation and poster presentation.
- 13. Should be able to identify problems in the laboratory and offer solutions thereof so that a high order of quality control is maintained.
- 14. Should be capable of effectively disposing laboratory waste to ensure minimization of risk to infection and accidents to laboratory personnel as per latest WHO bio medical waste management guidelines
- 15. Able to supervise and work with subordinates and colleagues in a laboratory.
- 16. Subject to continuing education and constantly update their knowledge of recent advances in Pathology and allied subjects.
- 17. Develops skills as a self-directed learner, recognize continuing educational need, use appropriate learning resources, and critically analyze published literature in order to practice evidence-based pathology.
- 18. Demonstrates competence in basic concepts of research and epidemiology.
- 19. Can organize and supervise the desired managerial and leadership skills.
- 20. Develops awareness of professional ethics, medico legal aspects, Establishment Act and Rules and Regulation as legislative time to time

#### **Psychomotor Domain**

- Able to perform most of the tests in a Pathology Laboratory, grossing of specimens, processing, cutting of paraffin sections and staining; should be familiar with making frozen sections and staining.
- Able to collect specimens by routinely performed non-invasive out-patient procedures such as venepuncture, finger-prick, fine needle aspiration cytology of palpable lumps and bone-marrow aspirates after taking consent, staining of blood and bone marrow smears
- Should be able to integrate with team for performing an invasive procedure such as a biopsy or an imaging guided biopsy. It is implied that the complications of these procedures and handling of complications are well understood.
- 4. Perform an autopsy; dissect various organ complexes and display of gross findings.
- 5. Should be familiar with the function, handling and routine care of equipment in the laboratory and biomedical waste disposal.
- 6. Ensure quality assurance in the lab as per accepted guidelines
- Should be able to comprehend ethical and legal issue and ensure compliance in the lab and Establishment Act as per rules and regulation
- Should be able to format reports as per national and international bodies/association guidelines, should be aware of the latest guidelines regarding formulation of comprehensive reports
- 9. Should be able to comprehend ethical and legal issues, medico legal aspects, Establishment Act and Rules and Regulation as legislative time to time

#### Affective Domain

- Should be able to function as a part of a team that is essential for the diagnosis and management of a patient. Should therefore develop an attitude of cooperation with colleagues necessary for this purpose. It is implied that whenever necessary interact with the patient and the clinician or other colleagues to provide the best possible diagnosis or opinion.
- 2. Always adopt ethical principles and maintain proper etiquette in dealings with patients, relatives and other health personnel.

- 3. Respect the rights of the patient including the right to information and second opinion.
- 4. Should seek second opinion where necessary and give second opinion only when requested.
- 5. Provide leadership and inspire members of the team involved with in the fields of diagnostic pathology, teaching and research.
- 6. Develop communication skills not only to word reports and professional opinions but also to interact with patients, relatives, peers and paramedical staff.
- 7. Quality assurance in labs accreditation.

# ELIGIBILITY CRITERIA FOR ADMISSIONS TO THE PROGRAMME

### (A) DNB Pathology Course:

- Any medical graduate with *MBBS* qualification, who has qualified the *Entrance Examination* conducted by NBE and fulfill the eligibility criteria for admission to DNB *Broad Specialty* courses at various NBE accredited Medical Colleges/ institutions/Hospitals in India is eligible to participate in the Centralized counseling for allocation of DNB *Pathology* seats purely on merit cum choice basis.
- Admission to 3 years post MBBS DNB Pathology course is only through Entrance Examination conducted by NBE and Centralized Merit Based Counseling conducted by National Board of Examination as per prescribed guidelines.

### (B) DNB (Post diploma) Pathology Course:

- Any medical graduate with MBBS qualification who has successfully completed **DCP** (and fulfill the eligibility criteria for admission to DNB (Post Diploma) Broad Specialty courses at various NBE accredited Medical Colleges/ institutions/Hospitals in India is eligible to participate in the Centralized counseling for allocation of DNB (Post Diploma) **Pathology** seats purely on merit cum choice basis.
- Admission to 2 years post diploma DNB Pathology course is only through PDCET Centralized Merit Based Counseling conducted by National Board of Examination as per prescribed guidelines.

# Duration of Course:

For Primary candidates: 3 yearsFor Secondary Candidates: 2 years

Every candidate admitted to the training programme shall pursue a regular course of study (on whole time basis) in the concerned recognized institution under the guidance of recognized post graduate teacher for assigned period of the course.

## **TEACHING AND TRAINING ACTIVITIES**

The fundamental components of the teaching programme should include:

- 1. Case presentations & discussion- once a week
- 2. Seminar Once a week
- 3. Journal club- Once a week
- 4. Grand round presentation (by rotation departments and subspecialties)once a week
- 5. Faculty lecture teaching- once a month
- 6. Clinical Audit-Once a Month
- 7. A poster and have one oral presentation at least once during their training period in a recognized conference.

The rounds should include bedside sessions, file rounds & documentation of case history and examination, progress notes, round discussions, investigations and management plan) interesting and difficult case unit discussions.

The training program would focus on knowledge, skills and attitudes (behavior), all essential components of education. It is being divided into theoretical, clinical and practical in all aspects of the delivery of the rehabilitative care, including methodology of research and teaching.

**Theoretical:** The theoretical knowledge would be imparted to the candidates through discussions, journal clubs, symposia and seminars. The students are exposed to recent

advances through discussions in journal clubs. These are considered necessary in view of an inadequate exposure to the subject in the undergraduate curriculum.

**Symposia:** Trainees would be required to present a minimum of 20 topics based on the curriculum in a period of three years to the combined class of teachers and students. A free discussion would be encouraged in these symposia. The topics of the symposia would be given to the trainees with the dates for presentation.

**Clinical:** The trainee would be attached to a faculty member to be able to pick up methods of history taking, examination, prescription writing and management in rehabilitation practice.

**Bedside:** The trainee would work up cases, learn management of cases by discussion with faculty of the department.

**Journal Clubs:** This would be a weekly academic exercise. A list of suggested Journals is given towards the end of this document. The candidate would summarize and discuss the scientific article critically. A faculty member will suggest the article and moderate the discussion, with participation by other faculty members and resident doctors. The contributions made by the article in furtherance of the scientific knowledge and limitations, if any, will be highlighted.

**Research:** The student would carry out the research project and write a thesis/ dissertation in accordance with NBE guidelines. He/ she would also be given exposure to partake in the research projects going on in the departments to learn their planning, methodology and execution so as to learn various aspects of research.

**Rotation Posting:** During the tenure of 3 years training, the candidate should be posted on rotation in various departments in the same institution or other institutions. The duration of posting in different departments will be minimum of 15 days and maximum of 3 months in one schedule, as per availability of different services and mutual agreement between heads of the departments/ institutions.

A structured scheme of training is recommended so that every student is exposed to different aspects of the subject and acquires sufficient knowledge and skill as expected from the course. The method by which this is done may vary from institution to institution. It is suggested that one senior member of the faculty be given the chief responsibility for organizing and coordinating this program and ensuring the prescribed guidelines from him/her. The three-year training program for the DNB degree may be arranged in the form of postings to different assignments/ laboratories for specified periods as outlined below. The period of such assignments/postings is recommended for 35 months.

The trainees are rotated in sections of surgical pathology, hematology, cytology and lab medicine in all the three years, trainee should also be provided sufficient time as per requirement for plan submission, protocol, collection of data, analysis and writing dissertation.

#### **Recommended rotation schedule**

Section	Months
Surgical Pathology and Techniques	12
Autopsy, Postmortem Techniques and Museum	1
Hematology	6
Cytopathology	4
Thesis/Dissertation Work/ Basic Sciences including	4
Immunopathology, Electronmicroscopy,	
Molecular Biology, Research Techniques etc	
Laboratory Medicine	4
Transfusion Medicine/Blood Bank	2
Elective/reorientation	2
Total	35

# **SYLLABUS**

The Study of Pathology includes all aspects of pathology including surgical pathology, cytology, Hematology, Lab medicine, immunology and Transfusion Medicine The syllabus would also include the principle and practice of pathology and its applied aspects and essential of Transfusion Medicine

### General Pathology

Normal cell and tissue structure and function. The changes in cellular structure and function in diseases. Causes of disease, its pathogenesis, reaction of cells, tissues, organ systems and the body as a whole to various sub lethal and lethal injuries.

#### Cellular adaptation cell injury and cell death

- Mechanism, morphology and examples of cell injury, necrosis and apoptosis.
- Sub cellular and cellular responses and adaptation to injury
- Intracellular and intercellular accumulations, pathological calcification and cell aging.

#### Acute and chronic inflammation

- Vascular and cellular events in acute inflammation, chemical mediators, outcome and morphological patterns of acute inflammation.
- Chronic inflammation with special reference to granulomatous inflammation.
- Systemic effects and effects of deranged inflammation.

#### Tissue renewal and repair: Regeneration healing and fibrosis.

- Control of normal cell proliferation and tissue growth, mechanism of tissue regeneration, repair by healing and fibrosis.
- Extracellular matrix and cell matrix interactions.

#### Hemodynamic disorders, thrombo embolic disease and shock.

- Edema, hyperemia, congestion and haemorrhage.
- Normal Hemostasis, thrombosis, DIC, embolism, infarction and shock.

#### **Genetic Disorders**

• Principles of genetics, normal karyotyping.

- Mutations, Mendelian disorders, disorders with multifactoral inheritance cytogenetic disorders involving autosomes and sex chromosomes.
- Single gene disorders with nonclassic inheritance.
- Diagnosis of genetic disorders involving molecular and genetic techniques.

#### Neoplasia

- Definition, nomenclature and biology of tumor growth.
- Molecular basis of cancer with special reference to carcinogenic agents and molecular basis of multistep carcinogenesis
- Epidemiology and clinical features of tumors.
- Grading, staging and laboratory diagnosis of cancer.

#### Infectious Diseases

• Pathology and general principles of microbial pathogenesis, special techniques for diagnosing bacterial, fungal, parasitic and viral infections.

#### **Environmental and nutritional pathology**

- Common environmental and occupational exposures leading on to diseases.
- Nutritional deficiencies and obesity related disorders.

#### **Disease of Infancy and Childhood**

• Congenital anomalies, birth injuries, diseases of neonates, inborn errors of metabolism, tumor and tumor like lesions of infancy and childhood.

#### Immunopathology

- Innate immunity- Role of phagocytic cells, complement, mast cells & humoral mechanisms
- Specific Acquired Immunity- Details about antibody production & action, Brief principles about memory, Ag specificity & vaccination
- Cell involved in Immune response- T- Lymphocytes, B-lymphocytes, macrophages, dendritic cells and natural-killer cells
- Cytokines with details about their properties and functions
- Structure and function of histocompatibility molecules and disease association
- Disorders of the immune system
  - 1. All hypersensitivity reactions
  - 2. Autoimmune disorders with special reference to SLE, Rheumatoid arthritis, Sjogren's syndrome, systemic sclerosis, polyarteritis nodosa and other vasculitides, Mixed connective tissue disorders and inflammatory disorders.

- 3. Immunodeficiency syndrome Acquired with emphasis on AIDS
- Amyloidosis including pathogenesis, special stains & clinical correlation
- Transplant rejection in detail
- Graft Vs Host Disease

#### General principles of techniques and instrumentation

#### Systemic Pathology

#### Histopathology, Hematology, Cytology, Lab Medicine and Transfusion Medicine

The student should be able to comprehend the histogenetic and patho-physiologic processes, demonstration of morphology (gross and microscopic) associated with various lesions during discussions with colleagues, clinicians, students and patients.
Should be able to identify problems in the laboratory and offer viable solutions

• Comprehend principles and procedure of lab techniques and trouble shooting

#### Blood vessels, lymphatic and veins

- Normal morphology, congenital anomalies, atherosclerosis, hypertensive vascular disease.
- Inflammatory and neoplastic diseases of all the vessels.

#### Heart

- Normal morphology, its blood supply and effect of aging on heart.
- Ischemic
- Hypertensive, valvular, congenital heart diseases
- Cardiomyopathies
- Myocardial disorders
- Pericardial diseases.
- Tumors of the heart.

#### Lungs and Mediastinum

- Congenital anomalies
- Obstructive and restrictive pulmonary diseases.
- Diseases of vascular origin.
- Infections of Lung
- Infections of Mediastinum

- Tumors of lung
- Lung transplantation
- Diseases of pleura.
- Thymus Developmental, autoimmune and inflammatory disorder and tumors.

#### **Head and Neck**

- Oral cavity: inflammatory disease, Preneoplastic lesions and tumors
- Diseases of teeth and supporting structures.
- Upper airways and ear congenital anomalies, infections and tumors.
- Salivary glands Infections autoimmune disorders and tumors.

#### **Gastro Intestinal Tract**

- Congenital anomalies, infections, inflammatory and vascular disorders and tumors of esophagus, stomach, small and large intestines, appendix and anal canal.
- Diseases of the peritoneum, Omentum and Mesentry

#### Retroperitoneum

• inflammatory and neoplastic lesions

#### Liver

- Normal morphology with general features of hepatic disease including LFTs.
- Infectious, autoimmune drug induced metabolic and circulatory disorders of liver.
- Hepatic diseases associated with pregnancy, neonates organ and bonemarrow transplantation.
- Liver transplantation pathology
- Cysts, Nodules and tumors of liver.

#### **Biliary tract**

• Congenital anomalies, injuries, Infection, inflammation, of Gallstones and tumors of gall bladder and extra hepatic bile ducts.

#### Pancreas

• Congenital anomalies, pancreatitis and neoplasms of pancreas.

#### Kidney

- Clinical manifestations of renal diseases
- Congenital anomalies
- Diseases affecting glomeruli, tubules, interstitium and blood vessels.
- Cystic diseases of kidney
- Nephrolithiasis
- Tumors of kidney

• Kidney Transplant pathology

#### Lower urinary tract and male genital system

- Congenital anomalies, inflammation and tumors of ureter, urethra, penis, testis, epididymis and Scrotum
- Inflammation, enlargement and tumors of prostate.

#### Female genital tract

- Physiology, cytology and histology of female genital tract, menstrual disorders and hormonal abnormalities
- Congenital anomalies, inflammation, preneoplastic and neoplastic lesions-of vulva, vagina, cervix, uterus, fallopian tubes, ovaries and mesonephron
- Gestational and placental disorders.

#### Breast

- Inflammations, benign epithelial lesions and tumors of the breast.
- Diseases of male breast.

#### Endocrine System

- Normal hormonal levels and functions of all the endocrine glands.
- Hypo and hyperactivity of glands of endocrine system i.e. pituitary, thyroid, parathyroid, pancreas, adrenals and pineal gland.
- Autoimmune diseases, inflammations and tumors affecting these glands.
- Neuroendocrine tumors

#### Skin and Subcutaneous tissue

- Disorders of pigmentation and melanocytes
- Inflammatory, vesiculobullous and infectious disease
- Proliferative lesions and Tumors of the epidermis, dermis and skin appendage.

#### Musculoskeletal system

- Bone Modelling, growth and development, genetic and acquired abnormalities in bone cells, matrix and structure, factures, necrosis and infections of bones, tumors and tumor like lesions.
- Joints: Arthritis, tumor and tumor like lesions.
- Soft tissue: Tumors and tumor like lesions

#### Peripheral nerves and skeletal muscles

- General reactions of motor units
- Inflammatory, infectious, hereditary, metabolic and traumatic neuropathies
- Atrophy, dystrophy, myopathies of the skeletal muscles
- Diseases of neuromuscular junction
- Tumors of peripheral nerves and skeletal muscles

#### Skull and Central Nervous System

- Degenerative, metabolic, toxic, demyleinating, infectious, cereberovascular malformations and traumatic injuries
- Tumors

#### Eye and Orbit

• Infections, inflammatory, congenital diseases and neoplasms of orbit, eyelid, conjunctiva sclera, uvea, cornea, retina and optic nerves

#### **Biology of stem cell and Hematopoiesis**

- Overview of stem cell biology and cellular biology of haematopoiesis.
- Transcription factors and humoral regulation in normal and malignant haematopoiesis.
- Interaction between haematopoietic stem cells, progenitor cell and stromal compartment of bone marrow.
- Stem cell homing & mobilization.

#### Erythroid maturation, differentiation and abnormality

Pathobiology of human erythrocyte & Hemoglobin

Anemia

- Approach to anaemia in adults and children in: Clinical correlation & diagnostic modalities.
- Classification of anaemias (Morphological, pathophysiological and based on erythropoiesis ie Proliferative vs non-proliferative)
- Iron deficiency anaemia including iron metabolism and differential diagnosis from other microcytic hypochromic anaemias.
- Disorder of iron metabolism including iron overload.
- Anaemia of chronic disorders with special reference to infections, collagen vascular disorders, inflammation etc.
- Megaloblastic anaemia and other causes of megaloblastosis.
- Definition, approach and classification of haemolytic anaemia
- lab diagnosis of Haemoglobin disorders and hereditary anemia like Thalassemia and related hemoglobinopathies, sickle cell anaemia, Haemoglobin associated with altered Oxygen affinity.
- Red blood cell enzymopathy, membrane disorder, autoimmune hemolytic anaemia, non immune hemolytic anaemia, paroxysmal nocturnal haemoglobinuria.
- Approach to Pancytopenia/ Cytopenias
- Bone marrow failure syndrome
- Porphyrias

#### WBC disorders, complement and immunoglobin biology

- Normal granulopoiesis
- Acquired and congenital disorders of phagocytosis (neutrophil, monocyte, eosinophil and macrophages
- Disorder of leukocyte number, function and morphology
- Storage disorder
- Hematological responses to Viral disorders (Infectious mononucleosis, Hepatitis and dengue) and parasitic infections (Malaria, Kala azar, )

#### Haemotological malignancies

- Conventional & molecular cytogenetic and immunohistochemical basis of haematological malignancies.
- Classification (FAB, WHO). Their basis and diagnostic approach to various haematological malignancies.
- Pathophysiology, prognostic factors, cytochemistry, cytogenetics of various leukaemias
- Pathophysiology and classification of MDS, MPN/MDS, myeloproliferative disorders
- Pathophysiology of Non-Hodgkin's lymphoma, Clinical staging of Hodgkin's lymphoma. Role of molecular cytogenetics and immunohistochemistry in Hodgkin's and Non-Hodgkin's lymphoma and lymphoproliferative disorders.
- AIDS related and Transplant related lymphomas.
- Plasma cell dyscrasias and gamaopathies
- Mastocytosis
- Role of chemotherapy and antineoplastic agents based on molecular mechanism of haemotological malignancies, clinical use of haematopoietic growth factors.

#### Haematopoietic stem cell transplantation

- Role and indications of HST
- Immunodeficiency state, Genetic disorders haematological Malignancies and Non-haematological disorders.
- Practical aspect of umbilical cord stem cells transplantation. Peripheral stem cell collection.
- Role of stem cell in tissue repair. Complications of Haematopoietic stem cell transplant.

#### Gene therapy and genetic engineering

#### Hemostasis & Thrombosis

- Megakaryocyte and platelet structure. Molecular basis of platelet function, activation. Role of blood vessel, coagulation system and fibrinolytic system in haemostasis.
- Clinical and lab evaluation of bleeding and coagulation disorders.
- Clinical & diagnostic aspects of :

- Factor deficiencies including haemophilia,von Willebrand disease,DIC, Vitamin K deficiency
- > Thrombotic and non thrombotic purpura
- Hereditary and acquired platelet disorders and its management
- Thrombophilia (Inherited & acquired) and Lab evaluation and management of hypercoagulable states

#### Human blood group antigen and antibody and Immuno-hematology

- Selection of donor and screening
- Principle, indication and storage of red blood cells, WBC, platelet and plasma transfusion
- Various methods of component separation and plasma derivatives with special reference to Fresh frozen plasma, cryo-precipitates, albumin and Immunoglobulin
- Graft Rejection, GVH diseases, Transfusion Reactions, Blood grouping & cross matching
- Blood bank audit
- Apheresis

**Hematological manifestations of systemic diseases** like liver disorders, renal disorders, infections, cancers, parasitic diseases, AIDS, pregnancy and surgical patients

#### Spleen and its disorders

Current topics and recent advances in pathology

Quality assurance program

Establishment Act and Rules and Regulation formed by Govt. or regulatory bodies

**Biomedical Waste Management** 

**Biostatistics, Research Methodology and Clinical Epidemiology** 

Ethics

Medico legal aspects relevant to the discipline

Health Policy issues as may be applicable to the discipline

# Competencies

- Given the clinical and operative data, the student should be able to identify, and systematically and accurately describe the chief gross anatomic alterations in the surgically removed specimens and be able to correctly diagnose at least 80 percent of the lesions received on an average day from the surgical service of an average teaching hospital.
- A student will be able to demonstrate ability to perform a systematic gross examination of the tissues including the taking of appropriate tissue section and in special cases as in intestinal mucosal biopsies, muscle biopsies, and nerve biopsies, demonstrate the orientation of tissues in paraffin blocks.
- Given the relevant clinical, operative and radiological data, the student should be able to identify and systematically and accurately describe the morphological findings. Should also correctly interpret and as far as possible, correlate with the clinical data to diagnose at least 90% of the routine surgical material received on an average day.
- Should be able to diagnose at least 75% of the classical lesions being commonly encountered in the surgical pathology service without the aid of the clinical data.

### <u>Histopathology</u>

#### **Histological techniques**

- Principles and procedures of grossing
- Fixation and fixatives
- Tissue processing and microtomy
- Staining and its interpetation
- Details of haematoxylin and eosin stain
- Principles of special stains used in histopathology with their practical applications
- Processing of bones
- Immunocytochemical, enzyme, histochemistry, immunoflourescence techniques
- Details, techniques and uses of immunohistochemistry.
- Internal and external quality control and management of laboratory.
- Principles & application of all types of microscopes e.g. light, electron, fluorescence etc
- Block cutting,
- Special stains

- 1. Collegen, and elastin
- 2. PAS stain
- 3. ZN stain/ Wade fite
- 4. Reticulin stain
- 5. Masson's trichrome stain
- 6. Amyloid, calcium, Iron and Fat and other pigments
- 7. Intraoperative consultation including frozen/Imprint/Squash and scrape preparation

#### Autopsy Pathology

- Should be aware of the technique of autopsy
- Should have sufficient understanding of various disease processes so that a meaningful clinico-pathological correlation can be made
- Demonstrate ability to perform a complete autopsy independently with some physical assistance, correctly following the prescribed protocols. Correctly identify all major lesions which have caused, or contributed to, the patient's death on macroscopic examination alone
- Identify and correctly diagnose at least 90% of the microscopic lesions found in most autopsies, and be able to correlate the pathologic changes with the patient's clinical history and events of a few days preceding death
- Write correctly and systematically provisional and Final Anatomic Diagnosis reports (on gross and microscopy respectively), the major findings at autopsy, and the Autopsy Protocol as per prescribed instructions, of a standard fit for an international journal

#### **Cytopathology**

- Demonstrate familiarity with methods of specimen collection, fixation and staining cytopreparation and turnaround time for common specimens.
- Cyto centrifugation

- Filtration procedures
- Principle procedures and aspiration techniques
- Processing of fluid specimens
- Preparation of cell blocks
- Routine and special Stains:
  - 1. Pap stain
  - 2. Ziehl Neelsen stain
  - 3. Giemsa stain
  - 4. H & E stain
  - 5. Immunocytochemistry
- Knowledge of current Bethesda system for Gynae cytopathlogy.
- Knowledge of elements of adequacy, current lab reporting systems, FNAC, exfoliative non Gynae cytopathlogy specimens.
- Ancillary techniques including image analysis, immuno cytochemistry flow cytometry FISH etc.
- Principles of automated screening for Gynae cytopathlogy specimens.
- Quality control and improvement along with risk management.
- Knowledge of LBC, Thin preparation and other advancement in cytology.
- Demonstrate verbal familiarity with, and guide the clinical residents in the following, keeping in view of the special requirements of each case (cytohormonal status, malignancy, infection, etc.).
- Choice of site from which smears may be taken (as in the case of vaginal smears).
- Type of smear (morning specimen, after specimen, pre-menstrual specimen, etc.)
- Method of obtaining various specimens (urine sample, gastric smear, colonic lavage etc.)
- Guided FNAC including EUS, CT, USG, etc.
- Should have competency in history taking, preparation of patients, and interpretation of adequacy of aspirates and appropriate after care of patients.

- Independently stain good quality smears for cytopathologic examination and be conversant with the principles and preparation of solutions of stains (MCG, PAP and AFB).
- Demonstrate conversance with the techniques for concentration of specimens: i.e. various filters or cytocentrifuge.
- Working familiarity with instruments and materials related for FNAC, preparation of smears, proper handling for ancillary techniques.
- Independently be able to perform fine needle aspiration of palpable/superficial lumps in patients; make good quality smears, and be able to decide on the type of staining in a given case.
- Given the relevant clinical data. Should be able to independently and correctly:
- 1. Evaluate hormonal status in all cases as may be required.
- Diagnose normal reactive infectious dysplastic and neoplastic conditions and diagnose the status of malignancy or otherwise in at least 75% of the cases received in a routine laboratory and categorize them into negative, inconclusive or positive.
- Demonstrate ability in the technique of screening and dotting of slides for suspicious cells.
- 4. Identify with reasonable accuracy the presence of organisms, fungi or parasites.

#### <u>Hematology</u>

- Should demonstrate the capability of utilizing the principles of the practice of hematology for the planning of tests, interpretation and diagnosis of disease of the blood and bone marrow.
- Should be conversant with various equipments used in the hematology laboratory.
- Should have knowledge of automation and quality assurance in hematology. Including cell counters/Coagulation analyzers, flow cytometer and others like thromboelastography, Platelet aggregometer etc.
- Correctly plan a strategy of investigating cases referred for special investigations in the Hematology clinic and give ample justification for each step in consideration of the relevant clinical data provided.

- Principle of blood collection, including knowledge and use of anticoagulants
- Describe accurately the morphologic findings in the peripheral and bone marrow smears, identifying and quantitating the morphologic abnormalities in disease states and arriving at a correct diagnosis in at least 90% of the cases referred to the Haematology clinic, given the relevant clinical data.
- Correctly and independently perform the following special tests, in addition to doing the routine blood counts:
  - 1. Haemogram including Reticulocyte, Platelet counts , ESR and P/S making
  - 2. Perform a successful bone marrow aspiration/iliac crest biopsy and stain the peripheral and bone marrow smears with Romanowsky stains.
  - 3. Bone marrow staining including stain for iron.
  - Cytochemical characterization of leukemia with special stains like Peroxidase, Leukocyte Alkaline Phosphatase (LAP), PAS, Sudan Black, Oil Red O, Acid Phosphatase (including Taratarate resistant) and non specific esterase.
  - 5. Osmotic fragility
  - 6. LE Phenomenon
  - 7. Fetal Haemoglobin
  - 8. Sickling phenomenon
  - 9. Hb Electrophoresis / Hb HPLC
  - 10. Coombs Test
  - 11. Cytochemistry and Immunocytochemistry

Screening test for bleeding disorders

- Bleeding time
- Clotting time
- Prothrombin time (PT)
- Activated partical thromboplastin time (APTT)
- Clot solubility Test
- HAM's sucroslysis Test

- Factor assays
- Tests for APLA -LA and antiphospholipid antibodies

Demonstrate familiarity with the principle and utility in diagnosis of the following:

- 1. Red cell indices
- 2. Plasma haemoglobin
- 3. Haemosiderin in urine
- 4. Presumptive tests for complete antibodies
- 5. Serum electrophoresis
- 6. Platelet function tests including platelet aggregation and adhesion and PF3 release
- 7. Russell's viper venom time (RVVT)
- 8. Coagulation Factor assays
- 9. Screening for coagulation factor inhibitors
- 10. Fibrin Degradation products (FDP), D-dimers
- 11. Monitoring of anticoagulant therapy
- 12. Tests for thrombosis: Lupus anticoagulant (LAC), Anticardiolipin antibody (ACA), Activated protein C Resistance (APCR), Protein C (Pr C), Protein S (Pr S), Antithrombin III (AT III)
- 13. Serum ferritin
- 14. Serum iron and total iron binding capacity
- 15. Immunopheno typing
- 16. Cytogenetics
- Demonstrate verbally and in writing, his/her understanding of the principles of the above tests their utility in diagnosis and interpretation of results.
- Posses working knowledge of the following:
  - 1. Bone marrow transplantation
  - 2. Prenatal diagnosis of genetic hematological diseases
- Collection of blood samples and preparation of peripheral smears

#### Immunopathology & Molecular biology

Principle, Techniques & practical Applications of the following:

- Agglutination Reactions- All tests based on ELISA
- Protein electrophoresis
- Immunoelectrophoresis
- Detailed knowledge of ANA & ANCA profile
- Immunohistochemistry
- Immunoflourescence
- RIA (Radio immunoassay)
- PCR
- FISH, CISH, SKY
- Flow Cytometry
- Blot techniques
- Chemiluminiscence
- Should know the principle, technique, standardization and trouble shooting of different automated and semi automated equipments used in the molecular laboratory
- Should understand the principles of Molecular Biology especially related to the understanding of disease processes and its use in various diagnostic tests.
- Should be conversant with the steps of a Polymerase Chain Reaction (PCR) and should demonstrate understanding of the steps and principles of interpretation of Western Blot, Southern blot, Northern Blot and Hybridisation procedures and other newer techniques.
- Demonstrate familiarity with the scope, principles, limitations and interpretations of the results of the following procedures employed in clinical and experimental studies relating to immunology.
  - a. ELISA techniques
  - b. Radioimmuno assay
  - c. HLA typing

#### Laboratory Medicines

#### **Clinical Pathology**

- Complete urine examination with reference to its physical, chemical, microscopy and special tests.
- Semen examination Physical, chemical (pH, Liquefaction time) and microscopic examination.
- Stool examination Physical and microscopic examination
- CSF Examination and other body fluids including peritoneal, pleural, synovial and pericardial etc.

### Chemistry Lab

- Demonstrate familiarity with the normal range of values of the chemical content of body fluids, significance of the altered values and interpretation thereof.
- Possess knowledge of the principles of following specialized organ function tests and the relative utility and limitations of each and significance of altered values.
  - 1. Renal function test
  - 2. Liver function test
  - 3. Gastric and Pancreatic function
  - 4. Test for diagnosis, monitoring and its complications of Diabetes mellitus
  - 5. Endocrine function test
  - 6. Tests for mal-absorption
  - 7. Others
- Should know the biochemical principles involved in the above estimations
- Know the principles, advantages and disadvantages scope and limitation of Automation in laboratory
- Know the principles and methodology of quality control in laboratory.
- Plan a strategy of laboratory investigation of a given case, given the relevant clinical history and physical findings in a logical sequence, with a rational explanation of each step. He should be able to correctly interpret the laboratory data of such studies, and discuss their significance with a view to arrive at a diagnosis.
- Prepare standard solutions and reagents relevant to the above tests, including the preparation of normal solution, molar solution and buffers.

- Explain the principle of instrumentation, use and application of the following instruments.
  - 1. Photoelectric colorimeter
  - 2. Spectrophotometer
  - 3. pH meter
  - 4. Flame photometer
  - 5. Centrifuge
  - 6. Analytical balance
  - 7. Electrophoresis apparatus
  - 8. Light microscope
  - 9. Blood gas analyzer
  - 10. Flow cytometer
  - 11. Chemilumincense analyser
  - 12. Other

#### **Emergency Lab Services**

To be able to manage emergency lab services with emphasis on quick turnaround time

#### Transfusion Medicine / blood banking

It is expected that students should possess knowledge of the following aspects of transfusion medicine.

- (i) Basic immunology
- (ii) ABO and Rh groups
- (iii) Clinical significance of other blood groups
- (iv)Transfusion therapy including the use of blood and its components
- (v) Blood component therapy.
- (vi) Rationale of pre-transfusion testing.
- (vii) Infections transmitted in blood.
- (viii) Adverse reactions to transfusion of blood and components.
- (ix) Quality control in blood bank.

It is expected that the student shall correctly and independently perform the following with understanding of its

- Selection and bleeding of donors
- Preparation of blood components i.e. cryoprecipitates, Platelet concentrate,

Fresh frozen plasma, Single donor plasma, Red blood cell concentrates.

- ABO and Rh grouping.
- Resolving ABO grouping problems by secretor status in saliva and expanded panel.
- · Demonstrate familiarity with Antibody screening techniques
- Demonstrate familiarity with antenatal and Neonatal work
  - (i) Direct antiglobulin test
  - (ii) Antibody screening and titre
  - (iii) Selection of blood for exchange transfusion.
- Demonstrate familiarity with principle and procedures involved in
  - (i) Resolving ABO grouping problems.
  - (ii) Identification of RBC antibody.
  - (iii) Investigation of transfusion reaction.
  - (iv)Testing of blood for presence of TTI including
    - a. HBV (Hepatitis B virus markers)
    - b. HCV (Hepatitis C virus markers)
    - c. HIV (Human Immunodeficiency virus testing)
    - d. VDRL, Malaria
    - e. Others

by chemilumiscens, ELISA and NAT

#### Electron Microscopy

- Demonstrate familiarity with Principles and techniques of electron microscopy and the working of an electron microscope (including
- Transmission and scanning electron microscope: TEM and SEM).

- Observe fixation, processing and staining of tissues for electron microscopy.
- Recognize the appearance of the normal sub-cellular organelles and their common abnormalities (when provided with appropriate photographs)

#### Principles of Medical Statistics and Research Methodology

- Demonstrate familiarity with importance of statistical methods in assessing data from patient material and experimental studies e.g. correlation coefficients, expected versus observed, etc. and their interpretation.
- Should be able to calculate means, standard deviation and standard error from the given experimental data
- Should be able to interpretation statistical data
- Information Related to computers, internet in medicine

#### Tissue Culture

Demonstrate familiarity with methods of tissue culture and it utility

#### **Cytogenetics**

Demonstrate familiarity with methods of Karyotyping and Fluorescent in-situ Hybridisation (FISH).

#### Lab Audit: Maintenance of records

# THESIS PROTOCOL & THESIS

The candidates are required to submit a thesis at the end of three years of training as per the rules and regulations of NBE.

### Guidelines for Submission of Thesis Protocol & Thesis by candidates

Research shall form an integral part of the education programme of all candidates registered for DNB degrees of NBE. The Basic aim of requiring the candidates to write a thesi protocol & thesis/dissertation is to familiarize him/her with research methodology. The members of the faculty guiding the thesis/dissertation work for the candidate shall ensure that the subject matter selected for the thesis/dissertation is **feasible, economical** and **original**.

### **Guidelines for Thesis Protocol**

The protocol for a research proposal (including thesis) is a study plan, designed to describe the background, research question, aim and objectives, and detailed methodology of the study. In other words, the protocol is the 'operating manual' to refer to while conducting a particular study.

The candidate should refer to the NBE Guidelines for preparation and submission of Thesis Protocol before the writing phase commences. The minimum writing requirements are that the language should be clear, concise, precise and consistent without excessive adjectives or adverbs and long sentences. There should not be any redundancy in the presentation.

The development or preparation of the Thesis Protocol by the candidate will help her/him in understanding the ongoing activities in the proposed area of research. Further it helps in creating practical exposure to research and hence it bridges the connectivity between clinical practice and biomedical research. Such research exposure will be helpful in improving problem solving capacity, getting updated with ongoing research and implementing these findings in clinical practice.

Research Ethics: Ethical conduct during the conduct and publication of research is an essential requirement for all candidates and guides, with the primary responsibility of ensuring such conduct being on the thesis guide. Issues like Plagiarism, not maintaining the confidentiality of data, or any other distortion of the research process will be viewed seriously. The readers may refer to standard documents for the purpose.

The NBE reserves the right to check the submitted protocol for plagiarism, and will reject those having substantial duplication with published literature.

### PROTOCOL REQUIREMENTS

- 1. All of the following will have to be entered in the online template. The thesis protocol should be restricted to the following word limits.
- Title : 120 characters (with spacing) page • Synopsis [structured] : 250-300 Introduction : 300-500 Review of literature : 800-1000 : Up to 200 Aim and Objectives : 1200-1600
- Material and Methods
- 10-25 References [ICMJE style]
- 2. It is mandatory to have ethics committee approval before initiation of the research work. The researcher should submit an appropriate application to the ethics committee in the prescribed format of the ethics committee concerned.

### **Guidelines for Thesis**

- 1. The proposed study must be approved by the institutional ethics committee and the protocol of thesis should have been approved by NBE.
- 2. The thesis should be restricted to the size of 80 pages (maximum). This includes the text, figures, references, annexures, and certificates etc. It should be printed on both sides of the paper; and every page has to be numbered. Do not leave any page blank. To achieve this, following points may be kept in view:
  - a. The thesis should be typed in 1.5 space using Times New Roman/Arial/ Garamond size 12 font, 1" margins should be left on all four sides. Major sections viz., Introduction, Review of Literature, Aim & Objectives, Material and Methods, Results, Discussion, References, and Appendices should start from a new page. Study proforma (Case record form), informed consent form, and patient information sheet may be printed in single space.
  - b. Only contemporary and relevant literature may be reviewed. Restrict the introduction to 2 pages, Review of literature to 10-12 pages, and Discussion to 8-10 pages.
  - c. The techniques may not be described in detail unless any modification/innovations of the standard techniques are used and reference(s) may be given.
  - d. Illustrative material may be restricted. It should be printed on paper only. There is no need to paste photographs separately.

- 3. Since most of the difficulties faced by the residents relate to the work in clinical subject or clinically-oriented laboratory subjects, the following steps are suggested:
  - a. The number of cases should be such that adequate material, judged from the hospital attendance/records, will be available and the candidate will be able to collect case material within the period of data collection, i.e., around 6-12 months so that he/she is in a position to complete the work within the stipulated time.
  - b. The aim and objectives of the study should be well defined.
  - c. As far as possible, only clinical/laboratory data of investigations of patients or such other material easily accessible in the existing facilities should be used for the study.
  - d. Technical assistance, wherever necessary, may be provided by the department concerned. The resident of one specialty taking up some problem related to some other specialty should have some basic knowledge about the subject and he/she should be able to perform the investigations independently, wherever some specialized laboratory investigations are required a co-guide may be co-opted from the concerned investigative department, the quantum of laboratory work to be carried out by the candidate should be decided by the guide & co-guide by mutual consultation.
- 4. The clinical residents are not ordinarily expected to undertake experimental work or clinical work involving new techniques, not hitherto perfected OR the use of chemicals or radioisotopes not readily available. They should; however, be free to enlarge the scope of their studies or undertake experimental work on their own initiative but all such studies should be feasible within the existing facilities.
- 5. The DNB residents should be able to freely use the surgical pathology/autopsy data if it is restricted to diagnosis only, if however, detailed historic data are required the resident will have to study the cases himself with the help of the guide/co-guide. The same will apply in case of clinical data.
- 6. Statistical methods used for analysis should be described specifically for each objective, and name of the statistical program used mentioned.

#### General Layout of a DNB Thesis:

• **Title-** A good title should be brief, clear, and focus on the central theme of the topic; it should avoid abbreviations. The Title should effectively summarize the proposed research and should contain the PICO elements.

- **Introduction-** It should be focused on the research question and should be directly relevant to the objectives of your study.
- **Review of Literature** The Review should include a description of the most relevant and recent studies published on the subject.
- Aim and Objectives The 'Aim' refers to what would be broadly achieved by this study or how this study would address a bigger question / issue. The 'Objectives' of the research stem from the research question formulated and should at least include participants, intervention, evaluation, design.
- Material and Methods- This section should include the following 10 elements: Study setting (area), Study duration; Study design (descriptive, case-control, cohort, diagnostic accuracy, experimental (randomized/non-randomized)); Study sample (inclusion/exclusion criteria, method of selection), Intervention, if any, Data collection, Outcome measures (primary and secondary), Sample size, Data management and Statistical analysis, and Ethical issues (Ethical clearance, Informed consent, trial registration).
- **Results-** Results should be organized in readily identifiable sections having correct analysis of data and presented in appropriate charts, tables, graphs and diagram etc.
- **Discussion**–It should start by summarizing the results for primary and secondary objectives in text form (without giving data). This should be followed by a comparison of your results on the outcome variables (both primary and secondary) with those of earlier research studies.
- Summary and Conclusion- This should be a précis of the findings of the thesis, arranged in four paragraphs: (a) background and objectives; (b) methods; (c) results; and (d) conclusions. The conclusions should strictly pertain to the findings of the thesis and not outside its domain.
- **References-** Relevant References should be cited in the text of the protocol (in superscripts).
- **Appendices** -The tools used for data collection such as questionnaire, interview schedules, observation checklists, informed consent form (ICF), and participant information sheet (PIS) should be attached as appendices. Do not attach the master chart.

### Thesis Protocol Submission to NBE

- 1. DNB candidates are required to submit their thesis protocol within 90 days of their joining DNB training.
- 2. Enclosures to be submitted along with protocol submission form:
  - a) Form for Thesis Protocol Submission properly filled.
  - b) Thesis Protocol duly signed.
  - c) Approval letter of institutional Ethical committee. (Mandatory, non receivable of any one is liable for rejection)

### Thesis Submission to NBE

- 1. As per NBE norms, writing a thesis is essential for all DNB candidates towards partial fulfillment of eligibility for award of DNB degree.
- 2. DNB candidates are required to submit the thesis before the cut-off date which shall be 30th June of the same year for candidates appearing for their scheduled December final theory examination. Similarly, candidates who are appearing in their scheduled June DNB final examination shall be required to submit their thesis by 31st December of preceding year.
- 3. Candidates who fail to submit their thesis by the prescribed cutoff date shall NOT be allowed to appear in DNB final examination.
- 4. Fee to be submitted for assessment (In INR): 3500/-
- 5. Fee can be deposited ONLY through pay-in-slip/challan at any of the Indian bank branch across India. The challan can be downloaded from NBE website <u>www.natboard.edu.in</u>
- 6. Thesis should be bound and the front cover page should be printed in the standard format. A bound thesis should be accompanied with:
  - a. A Synopsis of thesis.
  - b. Form for submission of thesis, duly completed
  - c. NBE copy of challan (in original) towards payment of fee as may be applicable.
  - d. Soft copy of thesis in a CD duly labeled.
  - e. Copy of letter of registration with NBE.
- 7. A declaration of thesis work being bonafide in nature and done by the candidate himself/herself at the institute of DNB training need to be submitted bound with thesis. It must be signed by the candidate himself/herself, the thesis guide and head of the institution, failing which thesis shall not be considered.

# The detailed guidelines and forms for submission of Thesis

## Protocol & Thesis are available at

www.natboard.edu.in.thesis.php.

### LOG BOOK

A candidate shall maintain a log book of operations (assisted / performed) during the training period, certified by the concerned post graduate teacher / Head of the department / senior consultant.

This log book shall be made available to the board of examiners for their perusal at the time of the final examination.

The log book should show evidence that the before mentioned subjects were covered (with dates and the name of teacher(s) The candidate will maintain the record of all academic activities undertaken by him/her in log book.

- 1. Personal profile of the candidate
- 2. Educational qualification/Professional data
- 3. Record of case histories
- 4. Procedures learnt
- 5. Record of case Demonstration/Presentations
- 6. Every candidate, at the time of practical examination, will be required to produce performance record (log book) containing details of the work done by him/her during the entire period of training as per requirements of the log book. It should be duly certified by the supervisor as work done by the candidate and countersigned by the administrative Head of the Institution.
- 7. In the absence of production of log book, the result will not be declared.

# Leave Rules

- 1. DNB Trainees are entitled to leave during the course of DNB training as per the Leave Rules prescribed by NBE.
- 2. A DNB candidate can avail a maximum of 20 days of leave in a year excluding regular duty off/ Gazetted holidays as per hospital/institute calendar/policy.
- 3. MATERNITYLEAVE:
  - a. Afemale candidate is permitted a maternity leave of 90 days once during the entire duration of DNB course.
  - b. The expected date of delivery (EDD) should fall within the duration of maternity leave.
  - c. Extension of maternity leave is permissible only for genuine medical reasons and after prior approval of NBE. The supporting medical documents have to be certified by the Head of the Institute/hospital where the candidate is undergoing DNB training. NBE reserves its rights to take a final decision in such matters.
  - d. The training of the candidate shall be extended accordingly in case of any extension of maternity leave being granted to the candidate.
  - e. Candidate shall be paid stipend during the period of maternity leave. No stipend shall be paid for the period of extension of leave.
- 4. Male DNB candidates are entitled for paternity leave of maximum of one week during the entire period of DNB training.
- No kind of study leave is permissible to DNB candidates. However, candidates may be allowed an academic leave as under across the entire duration of training program to attend the conferences/CMEs/Academic programs/Examination purposes.

DNB COURSE	NO. OF ACADEMIC LEAVE
DNB 3 years Course (Broad & Super Specialty)	14 Days
DNB 2 years Course (Post Diploma)	10 Days
DNB Direct 6 years Course	28 days

- 6. Under normal circumstances leave of one year should not be carried forward to the next year. However, in exceptional cases such as prolonged illness the leave across the DNB training program may be clubbed together with prior approval of NBE.
- 7. Any other leave which is beyond the above stated leave is not permissible and shall lead to extension/cancellation of DNB course.
- 8. Any extension of DNB training for more than 2 months beyond the scheduled completion date of training is permissible only under extraordinary circumstances with prior approval of NBE. Such extension is neither automatic nor shall be granted as a matter of routine. NBE shall consider such requests on merit provided the seat is not carried over and compromise with training of existing trainees in the Department.
- Unauthorized absence from DNB training for more than 7 days may lead to cancellation of registration and discontinuation of the DNB training and rejoining shall not be permitted.
- 10. Medical Leave
  - a. Leave on medical grounds is permissible only for genuine medical reasons and NBE should be informed by the concerned institute/hospital about the same immediately after the candidate proceeds on leave on medical grounds.
  - b. The supporting medical documents have to be certified by the Head of the Institute/hospital where the candidate is undergoing DNB training and have to be sent to NBE.
  - c. The medical treatment should be taken from the institute/ hospital where the candidate is undergoing DNB training. Any deviation from this shall be supported with valid grounds and documentation.
  - d. In case of medical treatment being sought from some other institute/hospital, the medical documents have to be certified by the Head of the institute/hospital where the candidate is undergoing DNB training.

- e. NBE reserves its rights to verify the authenticity of the documents furnished by the candidate and the institute/hospital regarding Medical illness of the candidate and to take a final decision in such matters.
- 11.
- a. Total leave period which can be availed by DNB candidates is 120+28 = 148 days for 6 years course, 60+14=74 days for 3 years course and 40+10 = 50 days for 2 years course. This includes all kinds of eligible leave including academic leave. Maternity / Paternity leave can be availed separately by eligible candidates. Any kind of leave including medical leave exceeding the aforementioned limit shall lead to extension of DNB training. It is clarified that prior approval of NBE is necessary for availing any such leave.
- b. The eligibility for DNB Final Examination shall be determined strictly in accordance with the criteria prescribed in the respective information bulletin.

# EXAMINATION

# FORMATIVE ASSESSMENT

Formative assessment includes various formal and informal assessment procedures by which evaluation of student's learning, comprehension, and academic progress is done by the teachers/ faculty to improve student attainment. Formative assessment test (FAT) is called as "Formative "as it informs the in process teaching and learning modifications. FAT is an integral part of the effective teaching .The goal of the FAT is to collect information which can be used to improve the student learning process.

Formative assessment is essentially positive in intent, directed towards promoting learning; it is therefore part of teaching. Validity and usefulness are paramount in formative assessment and should take precedence over concerns for reliability. The assessment scheme consists of Three Parts which has to be essentially completed by the candidates.

The scheme includes:-

Part I:- Conduction of theory examination Part-II :- Feedback session on the theory performance Part-III :- Work place based clinical assessment

PART – I	CONDUCT OF THEORY EXAMINATION	Candidate has to appear for Theory Exam and it will be held for One day.
PART – II	FEEDBACK SESSION ON THE THEORY PERFORMANCE	Candidate has to appear for his/her Theory Exam Assessment Workshop.
PART – III	WORK PLACE BASED CLINICAL ASSESSMENT	After Theory Examination, Candidate has to appear for Clinical Assessment.

#### Scheme of Formative assessment

The performance of the resident during the training period should be monitored throughout the course and duly recorded in the log books as evidence of the ability and daily work of the student

#### 1. Personal attributes:

- **Behavior and Emotional Stability:** Dependable, disciplined, dedicated, stable in emergency situations, shows positive approach.
- **Motivation and Initiative:** Takes on responsibility, innovative, enterprising, does not shirk duties or leave any work pending.

- **Honesty and Integrity:** Truthful, admits mistakes, does not cook up information, has ethical conduct, exhibits good moral values, loyal to the institution.
- Interpersonal Skills and Leadership Quality: Has compassionate attitude towards patients and attendants, gets on well with colleagues and paramedical staff, is respectful to seniors, has good communication skills.

### 2. Clinical Work:

- **Availability:** Punctual, available continuously on duty, responds promptly on calls and takes proper permission for leave.
- **Diligence:** Dedicated, hardworking, does not shirk duties, leaves no work pending, does not sit idle, competent in clinical case work up and management.
- Academic ability: Intelligent, shows sound knowledge and skills, participates adequately in academic activities, and performs well in oral presentation and departmental tests.
- Clinical Performance: Proficient in clinical presentations and case discussion during rounds and OPD work up. Preparing Documents of the case history/examination and progress notes in the file (daily notes, round discussion, investigations and management) Skill of performing bed side procedures and handling emergencies.

**3. Academic Activity:** Performance during presentation at Journal club/ Seminar/ Case discussion/Stat meeting and other academic sessions. Proficiency in skills as mentioned in job responsibilities.

# FINAL EXAMINATION

The summative assessment of competence will be done in the form of DNB Final Examination leading to the award of the degree of Diplomate of National Board in Pathology. The DNB final is a two-stage examination comprising the theory and practical part. An eligible candidate who has qualified the theory exam is permitted to appear in the practical examination.

### Theory Examination

- 1. The theory examination comprises of *Three/ Four* papers, maximum marks 100 each.
- 2. There are 10 short notes of 10 marks each, in each of the papers. The number of short notes and their respective marks weightage may vary in some subjects/some papers.
- 3. Maximum time permitted is 3 hours.
- 4. Candidate must score at least 50% in the aggregate of *Three/ Four* papers to qualify the theory examination.

- 5. Candidates who have qualified the theory examination are permitted to take up the practical examination.
- 6. The paper wise distribution of the Theory Examination shall be as follows:

Paper IGeneral principles of pathology including immunopathology andpathophysiology, Research Methodology

**Paper II** Applied pathology including cytology, cytogenetics, experimental pathology and recent advances

Paper IIISystemic pathology

**Paper IV** Hematology including blood banking, hemato immunopathology and recent advances in hematology

#### a) Practical Examination:

- 1. Maximum Marks: 300.
- 2. Comprises of Clinical Examination and Viva.
- 3. Candidate must obtain a minimum of 50% marks in the Clinical Examination (including Viva) to qualify for the Practical Examination.
- 4. There are a maximum of three attempts that can be availed by a candidate for Practical Examination.
- 5. First attempt is the practical examination following immediately after the declaration of theory results.
- 6. Second and Third attempt in practical examination shall be permitted out of the next three sessions of practical examinations placed alongwith the next three successive theory examination sessions; after payment of full examination fees as may be prescribed by NBE.
- 7. Absentation from Practical Examination is counted as an attempt.
- 8. Appearance in first practical examination is compulsory;
- 9. Requests for Change in center of examination are not entertained, as the same is not permissible.
- 10. Candidates are required not to canvass with NBE for above.

#### Declaration of DNB Final Results

- 1. DNB final is a qualifying examination.
- 2. Results of DNB final examinations (theory & practical) are declared as PASS/FAIL.
- 3. DNB degree is awarded to a DNB trainee in the convocation of NBE.

# **RECOMMENDED TEXT BOOKS AND JOURNALS**

- Histology for Pathologists. Stephen S. Sternberg (Ed), Raven Press, New York.
- General Pathology JB Walter, MS Israel. Churchill Livingstone, Edinburgh
- Robbin's Pathologic Basis of Disease *Ramzi S.Cotran, Vinay Kumar, Stanley L Robbins* WB Saunders Co., Philadelphia.
- Pathology Emanuel Rubin, John L Farber. JB Lippincott Co., Philadelphia
- Anderson's Pathology. John M Kissane (Ed). The CV Mosby Co., St. Louis
- Ackerman's Surgical Pathology. Juan Rosai Mosby. St. Louis
- Diagnostic Surgical Pathology. *Stephen S Sternberg*. Lippincott, William Wilkins. Philadelphia
- Systemic Pathology. W St. C Symmers (Series Ed) Churchill Livingstone, Edinburgh
- Diagnostic Histopthology of Tumours. *Christopher DM Fletcher (Ed).* Churchill Livingstone. Edinburgh.
- Soft Tissue Tumors. Franz M Enzinger, Sharon W Weiss. Mosby, St. Louis
- Cardiovascular Pathology *Malcolm D Silver* Churchill Livingstone New York.
- Pathology of Pulmonary Diseases Mario J Saldhana. JB Lippincott Co., Philadelphia
- Basic & Advances Biostatistics Manju Pandey
- Oxford Handbook of Medical Biostatistics
- Spencer's Pathology of the Lung. *PS Hasleton.* Mc Graw-Hill, New York.
- Dahlin's Bone Tumors. *K Krishnan Unni.* Lippincott-Raven Publishers, Philadelphia, New York
- Bone Tumours Andrew G Huvos WB Saunders Co. Philadelphia
- Greenfield's Neuropathology. J Hume Adams (Ed) Edward Arnold, London.
- Russell & Rubeinstein's Pathology of the Tumours of the Nervous System. Darrell D Bigna. Roger E Mc Lendon, Janet M Bruner (Eds.), Arnold, London
- Rosen's Breast Pathology. *Paul Peter Rosen.* Lippincott-Raven Publishers, Philadelphia, New York.

- Pathology of the Gastrointestinal Tract. S-I Chun Ming. Harvey Goldman (Eds.) Williams & Wilkins, Baltimore.
- Haynes and Taylor Obstetrical & Gynaecological Pathology. *H Fox, M Wells.* Churchill Livingstone New York.
- Heptinstall's Pathology of the Kidney. J Charles Jenette, Jean L Olson, Melvin M Schwartz, Fred G Silva (Eds.). Lippincott-Raven Publishers, Philadelphia, New York.
- Potter's Pathology of the Fetus & Infant. Enid Gilbert-Barnes (Ed). Mosby, St. Louis
- Lever's Histopathology of the Skin, *David Elder (Ed),* Lippincott-Raven Publishers, Philadelphia, New York
- Theory and Practice of Histological Techniques, *Bancroft JD, Stevens A, Turner DR*, Churchill Livingstone, Edinburgh
- Histotechnology A Self Instructional Text, Carson FL, American Society of Clinical Pathologists, Chicago
- Histochemistry Theoretical and Applied. AG Everson Pearse. Churchill Livingstone, Edinburgh
- Manual & Atlas of Fine Needle Aspiration Cytology. Svante R Orell, Gregory F Sterrett, Max NI. Walters, Darrel Whitaker. Churchill Livingstone, London
- Cytopathology. Zuher M Naib. Little Brown and Company, Boston.
- Diagnostic Cytology and its Histopathologic Basis, Koss LG, J.B. Lippincott, Philadelphia
- Comprehensive Cytopathology, *Bibbo M*, W.B. Saunders Co., Philadelphia
- William's Hematology *Beutler E, Lichtmann MA, Coller BS, Kipps TJ,* McGraw Hill, New York
- Postgraduate Hematology *Hoffbrand AV, Lewis SM, Tuddenham EGD,* Butterworth Heinemann, Oxford
- Wintrobe's Clinical Hematology, *Lee GR, Foerster J, Lupeus J, Paraskevas F, Gveer JP, Rodgers GN,* Williams & Wilkins, Baltimore
- Practical Haematology, *Dacie JV, Lewis SM*, Churchill Livingstone, Edinburgh
- Bone Marrow Pathology, Bain BJ, Clark DM, Lampert IA, Blackwell Science, Oxford
- Leukemia Diagnosis- A guide to the FAB Classification, *Bain BJ*, J.B. Lippincott, Philadelphia
- Clinical Diagnosis and Management by Laboratory Methods, *Henry JB*, WB Saunders.(Indian Edition, Eastern Press, Bangalore).

• WHO fascicles of tumors of different systems

#### Journals

- Indian Journal Of Pathology & Microbiology
- Indian Journal Of Haematology & Transfusion Medicine
- Indian Journal Of Cytology
- Cytopathology
- Acta Cytologica
- Cancer
- Archives Of pathology
- British Journal Of Haematology
- American Journal Of Pathology
- Human Pathology
- Seminars in haematology
- Blood
- Histopathology
- American J of surgical pathology
- Am. J Of clinical pathology
- Diagnostic cytopathology

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